

# Serum Testosterone, Luteinizing Hormone and Follicle Stimulating Hormone Concentrations in Mature Sahel Bucks with Dysfunctional Testes

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**Abstract-** This study involved the examination of 2,591 Sahel bucks aged between 2-3 years, out of which 40 were selected. Fifteen of them had full-sized testes while 25 had small-sized testes. Serum concentrations of testosterone, luteinizing hormone (LH) and follicle-stimulating hormone (FSH) in these bucks were determined using enzyme-linked immunosorbent assay method. The results revealed that the mean testosterone concentration in bucks with small-sized testes ( $0.2 \pm 0.0$  iu/L) was significantly ( $p < 0.05$ ) lower than the mean in the bucks with full-sized testes ( $0.7 \pm 0.7$  iu/L.). LH concentration in both groups showed no significant ( $p > 0.05$ ) difference. FSH concentration also showed no significant ( $p > 0.05$ ) difference between the two groups.

**Index Terms-** Follicle stimulating hormone, luteinizing hormone, testicular hypoplasia, testosterone, dysfunctional testes

## I. INTRODUCTION

Pathological condition of the testis in which the functional capability or performance of testis such as production of spermatozoa and secretion of gonadotropic hormones are compromised is termed dysfunctional testis. Testicular function in terms of hormonal secretion and the size of the testis are directly linked together (Andretta, 1991) and are believed to affect each other directly. Hormones affect testicular size especially during early developmental stage up to the post-pubertal period through unexplained mechanisms that involve physiological effects of hormones on the testis and its surrounding structures (Gomes et al., 1986). Testicular size determines the volume of semen produced (Raji et al., 2008) and semen production depends heavily on gonadotrophins (Delgadillo et al., 1999). Testicular dysfunction manifests itself based on the etiological agent and this in turn affects the reproductive performance of the animal accordingly (Mathew et al., 1978). In many cases, the affected testis is grossly similar to the normal testis in almost every way except their relative reproductive performance (Lino, 1972). However, most of the affected testes tend to be smaller in size. The difference in size is theoretically due to reduction in number, length, or diameter of the tubules or combination of these. In some cases, germ cells may be present but fail to produce spermatozoa or may be totally absent (Rollinson, 1950).

The relevance of dysfunctional testis to goat production is highly significant, this prompted many studies to establish the causes or factors that are linked to this condition among which are: advancing age, chemicals (chemotherapy, halogenated compounds, nitrogen-containing compounds), hormones (dexamethasone, testosterone, zeranolone, estrogen), metal compound toxicity, neoplasia (pituitary tumors, Sertolli cell tumor), nutritional disorders (negative energy balance, fatty acid deficiency, hypovitaminosis A,B,C,E protein and amino acid deficiency and zinc deficiency), plants (*Astragalus spp*, lysine seeds), radiation, corticosteroid therapy, trauma, ultrasound, viral infection, orchitis (*Brucella melitensis*) and epididymitis (*Corynebacterium pseudotuberculosis*). The resultant effects on male reproductive organs include: testicular hypoplasia, testicular degeneration and testicular atrophy (Saab et al., 1997) which may subsequently affect the reproductive performance of the animal. This may be classified as infertility or sub-fertility as a result of testicular dysfunction. These conditions can be unilateral or bilateral depending on the etiology (Bronson, 1989). Testicular hypoplasia is a factor that has been held responsible for at least one-third of all cases of goat infertility (Takebayashiet et al., 1986). It has been reported in goat that testicular hypoplasia is associated with xxy/60, xy karyotype (Padeh et al., 1965). It was hypothesized that testicular hypoplasia may have been associated with an extra x chromosome. The presence of two cell proportions (xy and xxy) in animals may be explained by at least two mechanisms viz: non disjunction of chromosome x during the first cell divisions of an xy zygote and formation of xxy zygote owing to non-disjunction during meiosis followed by the loss of one x chromosome at the first cell divisions (Madrid et al.,). Infertility in sexually mature animals with small testes is often associated with testicular degeneration and/or testicular hypoplasia (Mentee, 1970). Decrease in scrotal circumference may occur because extremely hot or cold ambient temperature, systemic infections, trauma and nutritional factors (Ott, 1991). It has been shown that lack of adequate levels of follicle-stimulating hormone during

development delays the attainment of puberty and sporadic successes at mating (Ebling et al., 2002). Follicle-stimulating hormone plays different roles during the male life; it functions as a growth factor during development and sustains spermatogenesis in adults. In mammals, follicle-stimulating hormone has been considered as the main support of gametogenesis in both sexes, while luteinizing hormone is thought to control sex steroid synthesis. Both gonadotrophic hormones play essential roles during the development of male gonadal structures yet with probably significant differences among mammalian species. Luteinizing hormone and testosterone levels regulate each other through the negative feedback mechanism which maintains spermatogenesis (Javier et al., 1986). For an animal to attain puberty, there must be a physiological balance among testosterone, luteinizing hormone and folic-stimulating hormone (Saab et al., 2001).

## II. METHODOLOGY

Within a period of three weeks in May 2008, the scrotal testes of 2,591 mature Sahel bucks presented for slaughter at the metropolitan abattoir, Maiduguri, Borno State, Nigeria, aged 2-3 years by dentition (Chibuzo and Sivachelvan, 1994), were examined and 40 of them were randomly selected on the basis of their testicular size after visual evaluation. 15 of them had full-sized testes while 25 had small-sized testes. Each of the selected bucks was weighed; blood samples were collected by jugular venipuncture into containers without anticoagulant; and after slaughter, testes were collected. The spermatic codes of each testis was cut off at the vascular cone. The tunica vaginalis covering the testis and epididymis was removed and after separation of the testis and epididymis, each was separately weighed and specimens were fixed in 10% buffered formalin.

Serum samples were harvested from the clotted blood samples which were used to estimate serum concentrations of reproductive hormones. Serum testosterone, follicle-stimulating hormone and luteinizing hormone were measured by enzyme-linked immunosorbent assay method using reagent kits (BIOTEC Laboratories Ltd, Suffolk UK; [www.biotec.com](http://www.biotec.com))

Data were summarized as means and standard deviations and means were compared by Students' t-test (Chartfield, 1983)

## III. RESULTS

**Table 1. Comparison of testicular and epididymal sizes by weight measurement in bucks with full and small-sized testes.**

Parameter	Bucks' testicular size	
	Full	Small Body weight (kg)
Testicular weight (g)	18.6±1.6 <sup>a</sup>	18.9±2.6 <sup>a</sup>
Left	80.7±2.6 <sup>a</sup>	20.8±2.9 <sup>b</sup>
Right	80.8±2.5 <sup>a</sup>	20.8±2.9 <sup>b</sup>
Testicular-body weight ratio (g/kg)	4.4±0.3 <sup>a</sup>	1.1±0.2 <sup>b</sup>
Epididymal weight		
Left	9.9±0.4 <sup>a</sup>	0.8±0.3 <sup>b</sup>
Right	9.9±0.4 <sup>a</sup>	0.8±0.2 <sup>b</sup>
Epididymal-testicular weight ratio(mg/g)	12.2±0.2 <sup>a</sup>	4.0±1.1 <sup>b</sup>
Epididymal-body weight ratio (mg/kg)	53.5±2.8 <sup>a</sup>	4.4±1.2 <sup>b</sup>

<sup>a, b</sup> Means with different superscripts are significantly different (p<0.05)  
 iu/L- international unit per litre.

**Table 2. Reproductive hormones in Sahel bucks with full and small-sized testes.**

Serum hormones	Bucks' testicular size	
	Full*	Small*
Testosterone (iu/L)	0.7±0.7 <sup>a</sup>	0.2±0.0 <sup>b</sup>
FSH (iu/L)	1.0±0.1 <sup>a</sup>	1.0±0.2 <sup>a</sup>
LH (Iu/L)	0.5±0.1 <sup>a</sup>	0.5±0.1 <sup>a</sup>

\*Number of bucks was 5 and 15 respectively for full testicular and small testicular size

<sup>a, b</sup> Means with different superscripts are significantly different (p<0.05)

FSH- follicle-stimulating hormone

LH-luteinizing hormone

iu/L- international unit per litre.

The testicular and epididymal measurements in bucks with full-sized and small-sized testes are summarized in table 1. The left and right testes and epididymes were symmetrical in weights in bucks with full-sized and small-sized testes. The small-sized testes weighed 4 times less than the full-sized testes. This was confirmed with the testicular body weight ratios which were 4:1 in full-sized and small-sized bucks respectively. The small-sized testes had hypoplastic epididymes which weighed lower (p<0.05) than normal. The normal epididymes in full-sized testes were 12.4 times heavier than the hypoplastic epididymes in small-sized bucks, judging from the mean epididymal weights and epididymal-body weight ratios when the epididymal weights were related to the testicular weights, the epididymal weight was reduced 3 times more than the weight of the testes.

No significant differences occurred in serum follicular-stimulating hormone and luteinizing hormone concentrations in full and small-sized bucks. However, the mean testosterone concentration was significantly (p<0.05) lower in small-sized than full-sized bucks. All the small-sized bucks had serum testosterone concentrations of 0.2iu/L, while 60% of full-sized bucks had serum testosterone concentration of 0.2 iu/L with the remaining 40% having >0.2 iu/L.

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