Prevention and Control of Plastic Waste Pollution in the Polar Region: A Review.

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Abstract- The effect and harm done to the marine environment by plastic pollution can never be overemphasized. This research reviews and examined various policies, laws, and regulations that have been put in place to mitigate and control the devastating effects of plastic waste pollution, particular reference was made to the polar region and likely environ. Scientific researches, Journal papers, and various publications on plastic waste pollution in the polar region, also known or interchangeably referred to as the Arctic or Antarctica are also reviewed. Findings show that the threat of plastic waste pollution in the Polar region if not quickly attended to could result in devastating climate and environmental problems. Efforts from intergovernmental and international organizations on the subject matter were also investigated, e.g. United Nations Environment Programme (UNEP) the International Union for Conservation of Nature (IUCN), Arctic Council Organization (ACO), Ocean Conservancy (OC), the Arctic Initiative (AI) and the Polar Institute (PI). Various other Policies, Interventions, and Conventions were also studied and recommendations made in accordance with the conclusions reached. Recommendations made from this review include: promoting awareness and understanding of the plastic pollution issue through targeted communication and education efforts to increase community engagement and solutions co-creation; convene industry to educate about economic and environmental threats from plastic pollution and to generate reasonable and realistic practices for plastic pollution mitigation; work with industry to develop and promote guidelines that reduce plastic waste and address appropriate disposal, recycling and reuse of plastic materials.

Key Words- Arctic, Antarctic, Polar, Microplastic, Marine debris, Plastic.

I. INTRODUCTION

The quick growth and rise in living standards of individuals have caused an increase in domestic waste[1]. According to an estimate, the global municipal solid waste (MSW) generation has increased by nearly 1.3 billion tons per year in 2010, and it is expected to reach 2.2 billion metric tons per year in 2025. Among this household waste, plastic waste is posing a major threat to human health as well as the environment[2]. Plastics are versatile material of synthetic long-chain polymers with low cost, lightweight, recalcitrant properties, which brings numerous social benefits and becomes an indispensable component of daily life, driving the annual demand for world production on a substantial scale[3-4].

"However, with rapidly growing plastic production from 230 million metric tons (Mt) in 2005 to 322 Mt in 2015, the associated concern must be plastic waste management in that around 6300 Mt of plastic waste have been generated globally by 2015"[3]. It is estimated that about 5 trillion i.e. over 260, 000 tonnes of plastic garbage now floats on the sea surface worldwide due to indiscriminate waste disposal [1,5-6]. Thus, the global public, with government, environmental NGOs, and science experts, has gradually voiced concern for plastic litter as a significant pollutant in the aquatic ecosystem since the early 1970s. The latest figures indicate that between 4.8 and 12.7 Mt of plastic is generated annually on the world's oceans, with almost one-third of overall pollution from 192 coastline countries and regions becoming China's one of the main aquatic litter generators. Provided there are no changes in plastic waste management on land if existing trends persist, the total amount of plastic waste from land into the oceans by 2025 will rise dramatically [7].

Plastics can broadly fall into four levels based on their sizes: **Megaplastics** (> 1 m); **Macroplastics** (< 1 m), **Mescoplastics** (< 2.5 cm); and **microplastics** (< 5mm)[3]. "Microplastics" is a collective term and was first proposed, defined as all plastic particles or debris smaller than 5 mm in diameter including nano plastics (particles with nano-scale) according to the criteria of the US National Oceanic and Atmospheric Administration (NOAA) the microplastics are surpassing the large plastic pollutants, usually found in most popularly manufactured goods such as personal care and cosmetic products (PCCPs), or may derive from the in situ environmental pollution and subsequent fragmentation of large pieces of plastics by physical, chemical and biological processes[8]. Although a novel bacterium was isolated, capable of degrading and assimilating (polyethylene terephthalate) recently, the low energy environment[9-10], low oxygen levels, extreme cold, and lack of solar ultraviolet (UV)-radiation in the benthic zone make the breakdown speed of plastic debris slowdown, further exacerbating the persistence of microplastics in the oceans[3].

It is a known fact that mishandling and mistreatment of plastic waste can cause environmental pollution [11-12]. The decomposition of plastics takes years, which may be an immense danger to the environment. toxic chemicals are released, When plastic is combusted in the air or buried in the soil this further contaminates soil and air, . Countries all over the world, whether developing or underdeveloped, are expected to face environmental degradation and scarcity of natural resources due to mismanagement of resources. In the United Kingdom, the United

states of America, Finland, Belgium, Brasil, Nordics, and South Africa[13], scientists continue to illustrate plastic risks to the environment[3]. There is currently no proper and appropriate control of plastic waste disposal in developing countries like Pakistan. Pakistan is the sixth most populous country in the world, according to the United States Census Bureau. Pakistan does not have any and restriction on using plastic products; therefore, the problem regarding the waste management is increasing with every passing year. To cope with these problems, proper waste management is required. The recycling/return of waste products is considered to be one of the ways for proper waste management.

by the subarctic[15]. The word Arctic comes from the Greek word (arktikos), "near the Bear, northern" and that from the word (arktos), meaning bear. The name refers either to the constellation Ursa Major, the "Great Bear", which is prominent in the northern portion of the celestial sphere, or to the constellation Ursa Minor, the "Little Bear", which contains

Polaris, the Pole Star, also known as the North Star. There are a number of definitions of what area is contained within the Arctic. The area can be defined as north of the Arctic Circle (66° 33'N),



Different researchers have worked on the waste management and environmental protection[10].

The Polar Region

In the northernmost portion of the World, the Arctic is sometimes known as the polar region [14]. It is composed of Alaska (the U.S.), Canada, Finland, Greenland (Denmark), Iceland, Norway, Russia, and Sweden, as well as the Arctic Ocean and surrounding oceans. Land in the Arctic region has seasonally shifting snow and ice cover and tundra mostly featuring treeless permafrost. Seas of the Arctic comprise in several areas' seasonal sea ice. The Arctic region is a unique area among Earth's ecosystems. The cultures in the region and the Arctic indigenous peoples have adapted to its cold and extreme conditions. Life in the Arctic includes zooplankton and phytoplankton, fish and marine mammals, birds, land animals, plants and human societies. Arctic land is bordered

the approximate southern limit of the midnight sun and the polar night. Another definition of the Arctic, which is popular with ecologists, is the region in the Northern Hemisphere where the average temperature for the warmest month (July) is below $10~^{\circ}\text{C}$ (50 $^{\circ}\text{F}$); the northernmost tree line roughly follows the isotherm at the boundary of this region[14].

Climate and Features

The climate of the Arctic is characterized by long, cold winters and short, cool summers[16]. There is a large amount of variability in climate across the Arctic, but all regions experience extremes of solar radiation in both summer and winter. Some parts of the Arctic are covered by ice (sea ice, glacial ice, or snow) year-round, and nearly all parts of the Arctic experience long periods with some form of ice on the surface.

The Arctic consists of ocean that is largely surrounded by land. As such, the climate of much of the Arctic is moderated by the ocean water, which can never have a temperature below $-2 \,^{\circ}$ C (28 $^{\circ}$ F). Although it is shrouded with polar ice in winter, this comparatively warm water holds the North Pole out of the Northern Hemisphere which is part of the reason that it is much cooler than the Arctic. In the winter months of November through February, the influence of the surrounding oceans prevents coastal regions warming as much as possible, and the sun is very low in the atmosphere of the Arctic or not at all rising. The days are shorter as it rises, and the lower position of the sun in the atmosphere means that not so much sunlight hits the surface except at 12 noon. In comparison, the light snow layer reflects much of the minimal amount of solar radiation hitting the earth. Cold snow reflects the amount of solar radiation touching it from 70 to 90%, and snow covers much of the Arctic land and ice in winter. Both conditions contribute to a marginal input of solar energy into the Arctic in winter; only the transfer of hot air and sea water from the south into the Arctic and heat from the subface and sea (who also recover heat and release it in summer) to surface and air in winter are the key factors stopping the Arctic from continuing to cool all winters.[14,16].

Arctic days in March and April are gradually lengthening and in the atmosphere the sun rises, taking the sun to the Arctic rather than in winter, respectively. Most of the Arctic also has winter temperatures during these early months of the Northern Hemisphere, but with addition of sunshine. The constant low temperatures and the permanent white snow cover mean that this extra energy from the sun in the Arctic has a sluggish effect as it is mostly reflected away without heating the earth. By Can, temperatures increase as 24-hour sunshine enters certain places, while snow cover is still the bulk of the Arctic, therefore, the Arctic area represents more than 70 percent of the sun's energy hitting the Arctic in all areas, except the Norwegian Sea and the Southern Bering Sea. The snow melt in most areas of the Arctic occurs at the end of May or sometime in June. This starts with a feedback that represents lower solar radioactivity (50% to 60%) than dry snow, meaning that greater energy is consumed and the melting process is increased. The snow on earth will consume much more energy and soon start warming the underlying surfaces[16].

II. LITERATURE REVIEW

Instruments of marine microplastics at international, regional, and national levels

Though there is currently no formal maritime international law on microplastics, there have been several constructive countermeasures – international, regional, and national voluntary or legal binding procedure (Table 1 and 2). There are three international conventions in the early 1970s which resolve plastic waste problems in the marine environment.[13,17-18]: The Convention on the Law for the Sea (UNCLOS 1982) of the United Nations (UN) as amended by the Protocol of 1978 (Marpol 73/78)

as well as the Convention on the Prohibition of Dumping Waste and Other Matters for the Prevention of Contamination by Ships (1973). and in 1972. London Convention (LC). UNCLOS is the most detailed regulatory system in aquatic plastic emissions, addressing international marine and marine science studies, marine environmental health and safety, marine technological advances, exchanges, land dispute advice and adjudication, natural resource management and marine waste treatment. Taking underwater litter contamination into account by shipping or aircraft, MARPOL 73/78 is a general prohibition on intentional dumping of plastics at sea as the most relevant international convention in Annex V[10]. The discharge during the normal operation is not regarded as dumping within the scope of Annex V in MARPOL 73/78. The LC is a Global agreement, which was later replaced by the London Protocol (LP), 1996, to control coastal waste by dumping persistent plastic and other industrial material on sea.

LP is largely in line with the reverse list precautionary principle and is more conservative than LC's black and grey lists. The Secretariat is to commission, in the form of the United Nations Environment Program (UNEP)-led Global Partnership on Marine Litter (GPML) due to concerns related to marine microplastics, including multiple waste sources under the LC/LP, a 'Record on the existing condition of the marine litters in wastes dumped in the sea under the London Convention and Protocol'[5,19]. Other key international agreements, frameworks, programs, such as the UN' s Code of Ethics for the Responsible Fisheries for Food and Agriculture, Agenda 21: Rio de Janeiro UN Action Policy and Johannesburg Development Plan and Biological Diversity Convention (1992), with a Jakarta Mandate on Conservation and Sustainable Naval Usage Other important international agreements and structure and initiatives Universal UNEP projects are also being created in order to design and introduce regional activities at the 12 regional Pilot Sea (Baltic Sea, Black Sea, Caspian Sea, East Asian Sea, Eastern Africa, North-East Atlantic, North-West Pacific, South Asian Seas, and Gulf of Aden) and to promote regional activities at regional level. Global initiatives on the Regional Sea Programe (RSP, 1974) and Global Program of Action (GPA, 1995) are being developed in response to the threats posed by marine litter in 2003 including: Evaluation and measurement of Marine Litter status in each region; organization of a national regional conference and marine litter experts; drawing up a regional action plan (or regional strategy) for a safe handling of Marine Litter in each region; regional clean-up days as part of the International Clean-up Program for Coastal Coastal Affairs;[3].

As global environmental governance has also been motivated by the pressing problem of reducing polar area emissions like marine microplastics, a substantial number of global mechanisms and policies in recent years have been adopted directly or indirectly[20-21]. In 2012, 64 countries and the European Commission adopted the Manila Declaration under the Global Action Program for the Conservation of the Polar Area Ecosystem from Land Based Operations, in order to stop land-based marine litters, which also decided to create a GPML to integrate marine waste sources in the sea.[22-23]. The G7 (2015) world leaders have recognised the value of aquatic litters with a determination to make this topic a priority. The focus of the G7 Meeting was on

"Better Protection – Linking Regions – Commons Governance: Knowledge of and Monitoring of maritime areas; peaceful conflict resolution; illicit, unregulated and unreported fishing; and maritime security networking. The G7 Summit (2015) introduced the Aquatic Debris Action Plan covering land and sea sources, raising consciousness, raising public awareness, and eliminating events. More recently, the G20 Summit (2017) has released a

paper confirming and reviewing a 2030 Agenda Action Plan on G20 Sustainable Development Targets – one of the three key sustainability projects of the G20 Aquatic Litter Action Plan. Meanwhile, it is also an available approach to adopt a "circular economy" for recycling and reusing materials and reducing waste, contributing to preventing land-based waste from entering the oceans[24].

Table 1:Summary of International legislation, regulations, and instruments related to microplastics

International Instruments	Chronological Timeline	Policy content and Excerpts
London Convention	1972	Aimed at preventing the "deliberate disposal at sea of wastes and other matter from vessels, aircraft and other structures, including the vessels themselves". (Annex I, paragraph 2)
MARPOL 73/78	1973	To prohibits "the disposal into the sea of all plastics, cargo residues, fishing gear including but not limited to synthetic ropes, synthetic fishing nets and plastic garbage bags". Through Annex V (revised in 2011 and implemented in 2013)
United Nations Convention on the Law of the Sea	1982	Regulations on stringent control of marine pollution and contamination from sea-/land-based sources.: Part XII (Articles 192–237)
Basel Convention	1989	Guidelines on plastic waste and microplastics matters. Discussed at the Basel Convention workstream COP 13 (Plastic waste in Annex II Y 46 (Household wastes) and Annex VIII (Non-hazardous wastes)
London Protocol	1996	Strategies to prevent the "dumping of any wastes or other matter including the export of waste to countries for dumping and incineration at sea except for the materials listed in Annex I".: (Article 4.1.1, 5 and 6)
UNEP – Regional Seas Programme and Global Programme of Action	2003	Ammonization of purpose and rules for Regional Cooperation surveillance in 12 regional seas
Manila Declaration	2012	Prevention of marine pollution from land-based sources and agreement to establish a Global Partnership on Marine Litter (GPML)
G7 Summit	2014	G7 Marine Litter Action Plan (MLAP)
United Nations Environment Assembly (UNEA) I	2014	Resolutions 1/6: Discussions on "Marine plastic debris and microplastics".
UNEA II	2016	Resolutions 2/11: Measures to reduce marine plastic litter and microplastics
G20 Summit	2017	G20 Marine Litter Action Plan
UNEA III	2017	Resolutions 3/7: Strategies to combat the spread of marine plastic litter and microplastics.

The first session of the United Nations Environment Assembly (UNEA I, 2014) put forward the issue of plastics (including that microplastics in the marine environment are a rapidly increasing problem) finally adopted Resolutions 1/6 on marine plastic debris and microplastics[25]. It also requests to undertake a study on marine plastic debris and marine microplastics. Meanwhile, the Secretariats of the Stockholm Convention, the Basel Convention, and relevant organizations are invited to be involved in pollution control and chemicals and waste management, to contribute to the analysis above. UNEA II (2016) has accomplished, under the

overall theme of the implementation in 2030 of the Sustainable Development Plan (17 targets), to reach a consensus on resolution 2/11 on aquatic plastics and microplastics. Goal 14 outlines its 14.1 goal which aims to "prevent and substantially reduce marine pollution of all sorts, including marine debris and nutrient pollution, by 2025 in particular by land-based activities." Along with recognizing the importance of cooperation between the UNEP and conventions and international instruments related to preventing and minimizing marine pollution from waste, it stresses that prevention and environmentally sound management (ESM) of waste are keys to long-term success in combating marine pollution, including marine plastic debris and microplastics. And it requests to undertake an assessment of the effectiveness of

relevant international, regional, and sub-regional governance strategies and approaches to combat marine plastic litter and microplastics. In the recent UNEA III (2017), Resolution 3/7 on marine plastic debris and microplastics was adopted, stressing the importance of long-term elimination of the discharge of litter and microplastics to the oceans, of avoiding detriment to marine ecosystems and the human activities dependent on them from marine litter and microplastics, urging all actors to step up actions to "by 2025, to prevent and significantly reduce marine pollution of all kinds, in particular from land-based activities, including marine debris and nutrient pollution", and also encouraging all Member States to prioritize policies and measures [26-28]. Plastic waste and microplastics issues have also been included into the Basel Convention (Basel Convention on the Transboundary Movements of Hazardous Wastes and their Disposal) workstream at the 13th Conference of Parties in 2017, to encourage interested regional and sub-regional centers to work under the Convention on the impact of plastic waste, marine plastic litter, microplastics, and take measures for prevention and ESM, as well as introduce the above detailed new work into the 2018–2019 work program.

III. DISCUSSIONS

Regional and national instruments

This section provides an outline of some of the more advanced aquatic plastic issues instruments that contain legislation, programmes and action plans drafted at a state and national level that do not span the spectrum of current interventions. A range of regulations , laws and measures aimed at marine litter interventions have been adopted by the European Union (EU), which effectively contributes significantly to international attempts to avoid, eliminate and minimise marine litter, including the European Directive on the Marine Strategy Framework Directive (MSFD)[17]. The Directive was the first EU-wide law on biodiversity conservation and was adopted on 17 June 2008. It aims to help protect and achieve the aquatic ecosystem in Europe Good Environmental Status (GES) of EU marine waters by 2020. The MSFD defines GES as: "the environmental status of marine waters where these provide ecologically diverse and dynamic oceans and seas which are clean, healthy and productive".

Table 2:Summary of current regional and national instruments related to microplastics

Regional/National Instruments	Chronological Timeline	Policy content and Excerpts
European Union (EU)	2008	The first EU legislative instrument related to the protection of marine biodiversity
United States: National Strategies on the control of microbeads in personal care products, cosmetics, and non-prescription drugs (MSFD) Canada: SOR (111) Regulations on Microbeads in Toiletries: cosmetics, natural health products, and non-prescription drugs	2011 2015 2017 2018 2019 2017 2018 2019	Honolulu Strategy 2011 Microbead-Free Waters Act Ban on manufacturing rinse-off products containing plastic microbeads Ban on delivery of rinse-off products containing plastic microbeads Ban on manufacture and delivery of rinse-off products containing PM Policy suggestions to prohibit the use of Microbeads in Toiletries Ban on manufacturing and importation of toiletries containing microbeads Ban on the use or sale Natural health products and/or non-prescription drugs containing microbeads
UK	2017 2018	Discussions to ban the rinse-off of cosmetics products containing microbeads Ban on the manufacture of the products discussed in 2017
Australia	2017	Legislation and eventual prohibition of the use of microbeads in any product
South Korea	2018	Ban on the use and sale of plastic microbeads in all cosmetics
Sweden	2018	Ban on microbeads in rinse-off products
Taiwan Province, China	2018	Ban on the manufacture, sale and import of products containing microbeads
New Zealand	2018	World Trade Organization informed of draft regulation: ban on microbeads in personal care products
Italy	2019	Ban on microbeads scrubs particles in cosmetics – 2020. Ban on plastic cotton buds – 2019.

Annex III of the Directive was also amended in 2017 to better link ecosystem components, anthropogenic pressures, and impacts on the marine environment with the MSFD's 11 descriptors and with the new Decision on GES[29]. The EU and the European Commission (EC) have already developed a series of detailed requirements and methodological principles to support the introduction by Member States of the Marine directive and other European marine waste litter regulations including EU Directive for port waste and cargo waste reception facilities (EC2000/59); EU Bathtube Directive (76/160 / EEC and 2006/7 / EC); EC Urban Waste Water Directive (EC2000/59) and the European Commission (EC); Most developing countries at state level have implemented policies and policy initiatives for coping with microplastics. The plastics industry in the US and UK has implemented "Operation Clean Sweep" to reduce plastic pellet loss to the environment especially during transportation and shipment. However, the measures taken by developed countries on microplastic beads are mostly limited to PCCPs[30-31]. And commercial raw materials microplastics are currently in the testing stages. The US NOAA specially developed the National Marine Debris Program (NDP) in 2006, along with the UNEP in 2011. The policy can be viewed as a holistic, global mechanism for attempts to reduce the biological, human and economic effects of marine litter in which plastics (including microplastics) are used as marine environmental contaminants. Illinois becomes the first US state to adopt regulations that forbids the manufacturing and distribution, by the end of the year 2017, of goods containing microbeads from 2014 to 2015 next to one of the world's biggest freshwater bodies of water, Lake Michigan. New Jersey followed suit, and there are a number of other states focused on the issue, including Michigan, New York and Indiana. In late December 2015, the US signed the Microbead-Free Waters Act, according to which, on 1 July 2017, no cosmetics containing plastic microbeads will be approved by all manufacturers, and that such items must,

joined to insist that the EU ban microbeads from personal food goods in 2015, expressing their clear fears at the possible threat to human health by gradually being marine. Sweden's own ban on microbeads on rinse-off goods has also been implemented (Swedish Government, 2015) and will be released in January 2018. Following the actions taken by the US in mid-2017, the UK Government has announced its intention to ban the 2018 ban and 2017 manufacture of rinse-o-off cosmetic items containing microbeads.[30,32]. In addition, Beach Cleanup and other literacy projects have been carried out in Britain, including the Green Blue project. On 19 December 2017, the Italian parliament approved a resolution banning the use of cosmetics by microbeads by 2020. Italy will now become the first country to ban cotton plastic buds from 2019. The Canadian government has declared a thorough ban on the sale of plastic microbeads containing shower gels, toothpaste and face scrubs effective July 1, 2018 which will set the timeline for Canada in keeping with the US to remove the small pollutant from Canadian waters. A year later 1 July 2019, the ban will be issued to microbeads discovered in herbal and nonprescription narcotics.

New Zealand has conveyed to the World Trade Organisation (WTO), which will take effect in 2018, a ban on the management of micro-beads on personal care goods. In Australia (2016), if businesses do not willingly phase out micro-beads by 1 July 2017, the Federal Government shall enact legislation to enforce the prohibitions under statute in 2017. Similarly, from July 2018, South Korea will ban the use and sale in all cosmetics of plastic microbeads. Taiwan's county, China, is barred from producing and importing goods containing microbeads on 1 January 2018, with its sales moratorium taking effect on 1 July 2018.[17]. Taiwan Province, China has released a draught bill involving methods for qualitative screening of microbeads. China has not yet released microplastics or microbeads regulatory papers. These tools,

International

- UNCLOS
- MARPOL 73/78
- London Protocol
- Basel Convention
- UNEP-RSP, GPA
- Manila Declaration
- G7/G20 Summit
- UNEA I,II,III ...

Regional

- EU Marine Strategy Framework Directive (MSFD)
- Boder countries with polar/Arctic region:

National

- Countries with land within the polar region
- US, UK, Sweden, Italy, Canada, New Zealand, Australia, South Korea. all put a ban on microbeads in personal care products

as of 1. July 2018, also be banned. In Europe, five nations – including conferences, action plans, UNEP RSP, GPA, GPML, Austria, Belgium, Luxembourg, the Netherlands, and Sweden – and an interdiction of microbeads at national and international

Figure 2: Regulation and management Frameworks on marine litter across international, regional, and national levels

levels (in Tables 1 and 2). They also offer a forum for encouraging all actors to collaborate and to exchange international perspectives and practice.[3].

Sources of Plastic Waste in the Polar Region

Plastic waste is not resistant to Arctic currents, lakes, tides, and winds. In Arctic plastic pollution, the underwater ice, sediments and even the remains of Arctic birds and dolphins are present on the beaches and pools of water in the sea. There is no sufficient knowledge of how plastic flows into and from Arctic waters and the threats to Arctic life and livelihoods plastics present[33].

Every year, over 300 million tons of plastic are produced, half of which is used to design single-use items such as shopping bags, cups and straws[34]. At least 8 million tons, from surface water and sediment from the deep seas, result in our waters each year and make up 80% of all aquatic waste. The most abundant pieces of aquatic debris are floating plastic waste.

Most marine plastics come from terrestrial sources, including municipal and storm fluxes, overflows of garbage, tourists to the beaches, poor recycling and management, factory operations, construction, and illegal dumping. Ocean-based sources come primarily from the fishery, nautism and aquaculture sectors[35].

The bad news is that plastic never goes anywhere when it is dumped into our oceans. It is not physically degrading[36]. It is literally broken into small particles called micro- and nanoplastics by natural forces, such as solar UV, wind, currents, etc. The social, economic, and ecological effect of plastic waste is important. Marine plastics pose a risk to ocean sustainability, human health, fish safety and coastal tourism.

But the good news is that these issues can be addressed by intervention. IUCN has developed numerous theoretical works to increase awareness of the degree of plastic waste and supports both the Baltic Sea and the Mediterranean strategy and programmatic action. Although the global issue of aquatic plastics demands local and regional solutions tailored to the numerous plastic sources and routes into the ocean.[34].

Stopping the Flow of Plastic Waste to the Polar Region

Islands are particularly vulnerable to plastic contamination as remote areas are a major challenge in the organization of inter-Iceland waste logistics. The restricted resources of the Islands contribute to major and additional difficulties relative to their continental counterparts[37]. The latest initiative "Plastic Waste Free Islands" intends to increase the acceptance by the Caribbean, the Mediterranean, and the Pacific of initiatives for limiting plastic leakage across the tourism, fisheries, and waste management sectors. The project also intends to develop sector-specific alternate value chains action plans.[34].

Collaboration: A Key Strategy

A series of public and private efforts have recently appeared on multinational, federal, domestic, and local levels to counter plastic waste at various points in the plastic chain. A cohesive big picture can be split into various programmes on different stages, complicated, and hard to remove. That is why the differences between the different actor classes need to be bridged and steps taken toward shared objectives, such as Sustainable Development Goals (SDGs)[28,38]. The initiative would also establish a blueprint for islands that federal bodies will support. The draught would set the proposed solution of the IUCN to mitigate plastic leakage on the islands on the basis of the plan for the project and learned lessons.[34].

Global Interventions to Control Marine and Polar Region Plastic Waste Pollution

Plastic Waste Free Islands

IUCN initiated the Plastic Waste Free Islands initiative in 2019 with the sponsorship of the Norwegian Development Cooperation Agency (NORAD). The ultimate aim of the initiative is to eliminate plastic spills into the ocean from six SIDS (the Pacific Island) and three Caribbean Islands (the Pacific)[39]. The project also aims to repurpose waste into commercially viable products, thereby generating job opportunities and income for local communities. Key regional bodies will also develop and endorse a blueprint for looking at entire value chains, from production to disposal, and at plastic usage and wastage in different sectors (such as tourism and fisheries). The regional bodies should recognize additional opportunities to extend the use of the blueprint which can be used by any island nation.

Plastic Waste Free Islands – Mediterranean

With support from the Didier and Martine Primat Foundation, IUCN launched the Plastic Waste Free Islands project in 2019. The overarching goal of the project is to reduce plastic leakage to the ocean from two islands in the Mediterranean Sea. The project also aims to repurpose waste into commercially viable products for sale, thereby generating job opportunities and income for local communities. Key regional bodies will also develop and endorse a blueprint for looking at entire value chains, from production to disposal, and at also plastic usage and wastage in different sectors (such as tourism and fisheries)[40]. These regional bodies will also be able to identify further opportunities to scale up the blueprint's application, which can be used by any island country.

Marine Plastics and Coastal Communities - MARPLASTICCs

In late 2017 IUCN initiated an initiative on aquatic plastics and marine coastal ecosystems in the Indian Ocean and Asia-Pacific regions with the assistance of the Swedish International Development Cooperation Agency (SIDA). The overarching aim of this three-year project is to encourage, implement and execute regulations and other appropriate steps to control and mitigate aquatic emissions from plastics in Eastern and Southern Africa and Asia regions. In this, IUCN will invest efforts to provide awareness, power, policy options and action plans for

management of plastic waste to governments , industry and community in Eastern and Southern Africa and the regions from Asia.[34].

PlastiMed

IUCN made new attempts to shut down the Mediterranean plastic tap in 2017. This two-year initiative seeks to foster our awareness of plastic sources from source to sea and to help establish local solutions.

PlastiMed BeMed: Closing the plastic tap

In 2018, IUCN initiated an initiative with the sponsorship of the Prince Albert II Foundation, with the goal of developing current plastic waste and leakage evaluation methodologies, template and data by integrating modelling and field-based methods in the Mediterranean, with an emphasis on the Northern African Countries.

Tackling marine plastics in Thailand: from community-based actions to policies (Phase 1)

The Step 1 (2018–2019) initiative, sponsored by the Coca-Cola Foundation, aims to raise awareness, and improve people's actions for the treatment of solid waste in major strategic places in Thailand. The final aim is to reduce marine plastic emissions dramatically and to catalyse crucial reforms in local and domestic plastic waste management policies.

Baltic Solutions to Plastic Pollution

The Global Marine and Polar Program (GMPP) with the help of the Swedish Postcode Foundation is working to show the climate change, ecology, and food safety implications of plastic contamination in the Baltic Region. In order to perform desk and field studies and laboratory studies, GMPP has brought together a network of scientists to provide solid scientific proof of the harmful environmental and Social effects of plastic waste within the area. GMPP will explore legislation leveraging frameworks and include access points for recommendations on this basis along with leading regional experts and grassroots organisations.[41].

PlastiCoco

Placing on the status of aquatic plastic waste in priority regions is the goal of the PlastiCoco initiative, with funding from the Agence Française de Développement (AFD). The initiative, which began in 2018 and will conclude in 2021, will also provide advice on how sustainable aquaculture can be accomplished. The introduction and distribution of these information items at appropriate forums will direct policy making and maritime spatial planning at the state, national and regional level.

Azorlit - Establishing a Baseline on Marine Litter in the Azores

A thorough awareness of aquatic plastic emissions in the Azores archipelago is desperately needed in order to take appropriate management steps. The project "Azorlit – Creating a Benchmark for Aquatic Litters in the Azores" was planned to resolve these disparities and fundamental concerns in relation to this increasing environmental problem. Project aims were to record the resources and composition of debris on the seashore and in select aquatic species and to measure plastic consumption.[30,42]. The project

also aimed at providing support through activities on the sea , especially with the children and adolescents, to the local NGO, the Azores Sea Observatory, (OMA).

IV. CONCLUSION

From what we have been able to review; various stakeholder industries can be Mobilized to enlighten the public about plastic waste economic and environmental risks and develop fair and practical initiatives to minimize plastic contamination.

Regional government coalition should also be encouraged to construct and encourage policies on plastic waste mitigation and the effective treatment and recycling of plastic products with industries.

It will be in the interest of the Polar Region to develop subregional and local efforts and communications initiatives adapted to individual regional needs and demands.

Stake holders should make conscious efforts to Share details on the promising initiatives already taking place in the polar region in order to maximize and improve the efforts on Arctic plastic waste mitigation.

Indigenous councils should always congregate efforts with incorporation of local cultures where necessary.

Increased investment in creative strategies from people in the Arctic for plastics mitigation, reuse, recycling, and recovery is advised.

Compel more manufacturer obligation to pay for management of environmental costs and impacts associated with a product during its life cycle, and minimize the use of plastics that cannot be recycled

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