

Patient care: From social workers point of view

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DOI: 10.29322/IJSRP.10.08.2020.p10473

<http://dx.doi.org/10.29322/IJSRP.10.08.2020.p10473>

Abstract- Patient care is a demanding concept that requires a lot of time and attention in terms of activities that meets the expectations, needs, and desires of the patient and their family to raise their standard of health, comfort, and high quality of life. Patient care refers to the services proffer by health professionals /workers to prevent illness .The chief aim of patient care is to give health care benefits to make better health outcomes and therefore give special attention to psychological care as well as emotional well being .This article reflects the service renders by health professional who works for the overall benefits of patient. The steps to improve patient care have also been clearly defined .This article lays emphasis on paying attention for the betterment of the patient's health in terms of medical aspects.

Index Terms- Patient care, health professional, team training, health care, technology

I. INTRODUCTION

Patient care is a practice for caring for patients and their families, when one create patient care more important, the health sector / organization will grow and flourish more rapidly. Giving medical care attention to patients and try to heal and cure them quickly should be the first priority, only then the health care sector will function properly and produces good and better results. Patient care is a different series of steps that includes a set of different pieces of work to be done such as treatment, counseling, patient education administration of medication, collection samples of patients tissues , fluids ,continuous observation of patient health ,offering emotional assistance, establish active role in all aspects. Patient care comprises of giving attention ,giving information, providing physical care to patients etc. making our patient delighted is our main goal .The great significant part of maintaining excellent patient care are tolerance, understanding, sympathy , and showing concern for the suffering of patients.

Every person has its own important suggestions and different approaches towards patient care but the general opinion would be the same for patient care as, to be positive and optimistic, treat each patient as an individual well human being rather than patient, and provide them with a great care that we provide our ourselves and our family members. Hospital stay is a great exertion and tough stay time. Try out everything that can bring out a patient experience as friendly and delightful. The most significant thing one can do for patient is to stay confident and hopeful. Actually giving them attention when they have pain and dishearten with the whole situation sometimes the patient need to know that someone is there who care for them .They actually know the worth when one remembers their great liking . They really

notice that someone is giving social care and attention to their needs. It is important to create and improve the personnel relationship with patient so that one can modify their approach to make them happy and relax .The very important thing one can do for the patient is just to make smile and use polite and friendly words .Making an interactive positive and full of energy relationship between patient and health care workers is the distinct concept that is predominant in health care now.

II. HOW CAN WE IMPROVE PATIENT CARE?

One of the first and basic principles of facts and methods in hospital organization for good patient care is to take into consider the necessity and desire of patients. One requires to know what is necessary for patients ,what are his/her preferences when it comes to treatment options .All these things are taken conjointly to bring about effective quality of health care for patients. Improving the excellence of the patient care in hospitals is not beneficial for the hospitals or clinics only but it is good for the large section of community as a whole. Improving patient care means reducing suffering, improving patient care has began to be of great significance for all health care centers with a plan to successfully meet patient's expectations. The standard of patient care can be improved by having basic infrastructure such as standardized buildings, power supply, and good quality of training. We can improve patient care by improving by improving health facilities like sufficient amount of medicine supplies and equipments , access to low cost of medicines etc.Also standard quality instruments and technology should be used to improve the quality of patient care services but this must be taken care by suitable maintenance system. Ensure the hospitals to have adequate seating for all patients keep in mind the cancer and elderly patients may have different needs which may need to be fulfilled on time. Make sure the hospital have adequate seating facility to accommodate any of the patient population. Communication in a health care setting is one of the most important tool, we have for providing great patient care. The health care professionals need to have complete, clear and comprehensive communication with them. This will help in reducing the mistakes resulting in improving patient care and health care training for all the staff members from sub ordinates to top authorities must be considered to improve the patient care .Hospital cleanliness decrease the risk of infection and provides a clean and safe environment for our patients .Further it has been seen that waiting hours have a negative impact on patients expectations and health care experiences .Health care organizations can practice a number of plans to make more opd's ,registration counters ,recruiting more staff ,provide good infrastructure .Patient care and health organization are important

unit of construction in the medical care given to our patients .All medical staff should made adequate preparations for better quality of medical care for each individual patients and must provide health aid in any organized and competent way.

III. CONCLUSION

It is important to pay attention towards the every aspect of patient care both medical and non medical.

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