A Conformatory Indegeneous Study to Find Similarities/Differences Regarding Presence of Depression among Medical/Engineering Students Belonging to Different Cultures

Dr. Naveed Shibli, Hafiza Sadia Khan, Anbreen Sardar, Mobeen Fatima, Tayyba Batool, Qurat-ul-Ain, Saira Yousaf, Iqbal Mehmood

Abstract- A conformity study to find out the presence of ‘depression symptoms’ as reported by various recent studies was conducted in Faisalabad Pakistan to find out similarities/differences among the medical and engineering students male/female studying in different colleges of Faisalabad as reported by published studies on the subject however the findings did not confirmed the presence of symptoms as reported in the recent studies in case of Faisalabad Pakistan

Index Terms- Depression, Medical/Engineering Studies

I. INTRODUCTION

Higher and professional studies are an etic global phenomenon. Entire world maintains almost similar position towards the phenomenon but of course with ‘different’ position to approach thus making the phenomenon an area of interest for various social science disciplines and psychology is not an exception that approaches it with various questions like how do professional studies influence behavior in general and what affects such association plays to make, to generate, to shape, to evolve abilities, to develop cognition, to inculcate social aspects and to interact with adoptability in both ways? Some of the studies are about the demanding nature of various professional studies and in that context, medical studies and engineering studies especially in case of subcontinent are important.

It was supposed to be a stereotype that both medical and engineering studies are comparatively more demanding, however, in a few recent studies the demanding nature of both medical/Engineering studies was conformed. In one such study three groups of students belonging to various educational specialties that include BCA, Engineering and physical education were tested on Goldberg Depression Questionnaire (GDQ) and a significant difference for the presence of ‘depression’ during the course of studies was observed in the Engineering group as compared with other two groups (Darhana, Rajbir 2014) Another one such study it was found that depression was there among the students studying in medical because of their professional studies commitments (Vankar, Prabhakran and Sharma 2014). In another study it was found that medical students are more liable to the risk of anxiety, depression and burnout during the course of their professional studies as compared with other professional studies (Thomas et al 2014)

II. METHOD AND PROCEDURE

For the indigenous confirmation of the latest findings a sample of 60 medical students studying in various institution including 30 male and 30 female total 60 as well as 30 various engineering discipline students including 30 male and 30 female were taken and were tested on and indigenously developed Sadiqui Shaw Depression Scale to find out the ‘similarities’differences regarding the presence of ‘depression amount’ among the students of both the disciplines.

III. RESULTS

The performance of the subjects on the test revealed no significant presence of depression among students of both the
disciplines irrespective of gender as well as revealed significant similarity among both the groups so far the presence of the amount of ‘depression’ falling in the category of ‘normal’ indicated in the scale in ‘sometimes’ and ‘Never’ categories was concerned.

IV. CONCLUSION

Further studies are needed to confirm the findings at indigenous level to work out the probability of emic findings in etic prospective.

REFERENCES


AUTHORS

First Author – Dr. Naveed Shibli
Second Author – Hafiza Sadia Khan
Third Author – Anbreen Sardar
Fourth Author – Mobeen Fatima
Fifth Author – Tayyba Batool
Sixth Author – Qurat-ul-Ain
Seventh Author – Saira Yousaf
Eight Author – Iqbal Mehmood