Social Media Influence of Spiritual Discipline of Students (Rating of Participants of Training 2016 Religious SMA Catholic Teachers)

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Abstract- The world grows so rapidly,as no stopping word rotation. This development is characterized by the rapid spread of information in the hemisphere. Social Media is an online media that users can easily participate, share and create contents include blogs, social networks, wikis, forums and virtual worlds.

When the Internet and mobile phone technology is more advanced, the social media grows rapidly. Now for accessing facebook or twiter for example, can be done anywhere and anytime just by using a mobile phone, *Of* course, the area or point of social media users are connected to the Internet through a wireless network or a (wireless LAN / WLAN) and Wi-Fi
The research objective is to analyze how big the influence of social media on the spiritual discipline of training learners.

Model of research is explanatory models that attempt to explain the position of the variables, studied and the effect of one variable to another variable. Collecting data use a questionnaire to the population of 35 High school Catholic religious teachers as sample who are attending the substantive technical training that increase their competence.

Based on the analysis, bartially showed that party, social media affects 88.5%, against the spiritual discipline of learners 73.4%. From these results it looks very important role of social media, this requires attention to teacher education subjects Catholic religious Teacher, that the spiritual discipline of students was influenced by social media.

Index Terms- social media, spiritual disciplines

I. INTRODUCTION

Education has avery important effect for a nation.Without education, the nation will fall behind other nations. Education as an institution that is very competent to improve the quality of human resources as well as promote development.There are many people with low education (elementary, junior high school) and they move in agriculture, small industry of both traditional and modern, government, commerce, social services, and construction

In the globalization era, Byadvancing technologies and communications, we feel the word in the hand. Advances in technology and sophisticated information that manufactured by industry presents world in your hands. Technology is never starmart, always moving forward looking for new ways to enable people. Previously internet can be enjoyed only in a certain place.Now the Internet can be enjoyed anywhere and while mobile. Innovations from hardwarelovers and providers make the world is utterly inconceivable that in the hand.

Social Media is an online media that users can easily participate, share and create contents include blogs, social networks, wikis, forums and virtual worlds. When the Internet and mobile phone technology more advanced. So social media is growing rapidly too. Now for accessing facebook or twiter for example it, can be done anywhere and anytime just by using a mobile phone, where the area or point of social media users connected to the internet via wireless or wired network.

Children and young people as social media user still need supervision from adult in order to get positive impacts and advanta ages. Science and technology development facilitate them to communicate, search and acces information, get and relationship network.

On the other hand, social media has negative impacts to the children and young people, as a social media addicedthey become lazy because it is too busy with social media, they also forget his obligations as a student. In addition, they will also be selfish, not caring about the environment because of the time spent on the internet fun

Spiritual disciplines interpreted as a way for followers of the Lord Jesus more and more mature to the Lord Jesus. Maturing spiritually alive is the main goal of every believer, including the Catholic teenagers.

To practice the spiritual disciplines can be done in several forms, such as quiet time of prayer, reading God's word and prayer together. These forms of spiritual discipline should be applied and trained since childhood, in order to become a good habit and it can also lead your friends to not getting caught up in the negative things.
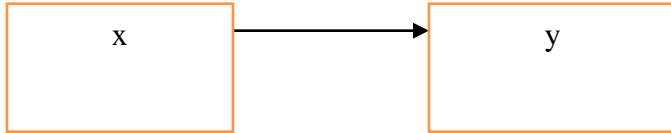
The problem in this research is: How big is the influence of social media on the spiritual discipline of learners

Researchers interested in conducting research on the influence of social media on the spiritual disciplinary learners, .because this point is the most potential in education effort, building the nation, to keep disciplined closer to the creator, can filter and use technology to improve the science. Likewise teachers to be more professional in their field, mastering the technology, coupled with strong faith, as well as leadership in educating,TutWuriHandayani.

II.   RESEARCH METHODOLOGY AND DISCUSSION

A. *ReseachMethods*

The method used in this research is the analysis simple and multiple linear regression, with X as the independent variable (independent) and Y as the dependent variable analysis model research

Information:
X: Social Media
Y: spiritual discipline learners
R xy: the coefficient of the influence of social media on the spiritual discipline of learners

Population and at the same time as the sample in the study was the subject teachers of religious education being catholic high school education and training at the Training Center and the religious education of technical personnel, Ministry of Religious Affairs of the Republic of Indonesia.

B.*Discussion*

1. Social Media

In this era of globalization we are already familiar to social media. The development of social media surges so fast, because everyone has their own media, media such as television. Arequires A lot of funds and labor. Social media users can access the media to the internet without great expense and can be done alone.

Andreas Kaplan and Michael Haenlein (2010: 58) defines social media as a group of Internet-based applications that build on the ideological and technological, and which allows the creation and exchange of user-generated content '.

Wikipedia, social media is a computer-based tool that allows people to create, share or exchange information, ideas, and video images in virtual communities and networks.

At the time of internet and mobile phone technology is advancing, the social media also grow rapidly. Now to access facebook or twitter for example, can be done anywhere and anytime by simply using a mobile phone. So fast people can access social media resulted in a major phenomenon of the flow of information not only in those twitter developed countries , but also in twitter Indonesia

Social media has characteristics, as follows:
• Messages are conveyed not only to one person but can control every aspect of a lot of people, for example through SMS messages, whatsaap, etc.
• Messages are conveyed freely, without having to go through a Gatekeeper.
• Messages conveyed tends to be faster compared to other media.
• Recipients of the message that determines the interaction time.

2. Spiritual Discipline

Discipline comes from the English discipline that is rooted from the word disciple which means that the student, follower, followers, or a recipient of a teaching and spreading the teachings. Discipline comes from the word discipline means that the rules that must be followed. Discipline is obedient to the rule, with the awareness itself to the creation of a purpose.

Of the word discipline comes the word discipline. According W.J.S Poerwadarmima, discipline comes from the word discipline that got confixKe-an that has an inner meaning and nature of exercises with the intention that his actions always obey the order.

In other words, spiritual discipline is means of develop one's spirituality which have changed by Christ when he was saved, that through His grace frees a believer, who has undergone a renewal holistically, which is manifested through changes in thoughts, feelings, and character gradually may be revealed in real behavior.

In a knowledge of God contained a close relationship, a full surrender and trust. The more we know God the more we understand God's call, and increasingly aware of our existence before Him. "For I desire mercy, and not sacrifice, and love the knowledge of God, Leih than burnt offerings." (Hosea 6: 6).
Spiritual disciplines are activities of believers who do the sowing seeds in the Spirit (Gal.6: 8)
Various spiritual disciplines are known in the Bible is:
1. Discipline in learning
2. Discipline in communicating with God
3. Discipline has hunger and thirst for God
4. Discipline in solitude with God
5. Discipline in recording days with God
6. Discipline in serving God and others
7. Discipline in preaching the gospel
8. Discipline in domestic affairs and God's blessing

Through spiritual discipline that God can turn someone into a human work that is increasingly destructive and replace them with new habits of life. Christlike. Spiritual disciplines also help people change old habits that need to be renewed in their lives.

Spiritual discipline serves as a "spiritual practice", there are some basic forms of spiritual practice, among others testify, allied, quiet time, reading the Word of God.

From the data processing are obtained the following results:
1.Frequency analysis descriptively Result
Social media and diskritif spiritual discipline can be explained and understood all respondents, because the value range of 3,73-5,00.
2. Normality Test Results
The test results showed that the value of sig <alpha (5%) for all variables tested, the conclusions obtained is social media, and spiritual discipline have or meet the normal distribution of data.
3. Validity and Reliability Test Results
Validity test

The test results showed that the correlation value <alpha, both at the level of 1% and 5% for all variables tested, the conclusions obtained are social media and Spiritual Discipline has valid data.

Test Reliability

The test results showed that the Cronbach alpha values of all variables tested had values> 0.6, the conclusions obtained is social media (0,885), spiritual discipline (0.734), to have reliable data.

From the results of hypothesis testing concluded that there is a positive and significant relationship between social media peggunaan the spiritual disciplines in high school students throughout Indonesia. From the results of this study concluded that there are significant positive and significant correlation between social media users against spiritual discipline is strong. And the influence of 0.885 indicates that there is a positive influence between the use of social media to the spiritual disciplines in high school across Indonesia amounted to 0.734 and the balance of 0264 is determined by other variables eg Bible study, participation in school organizations mapun spirituality in the church and family.

Partially, social media affects 88.5%, against the spiritual discipline of learners 73.4%. The results of the analysis proved that social media influence the spiritual discipline of students.

The use of social media influence linerietas the spiritual disciplines in high school across Indonesia, the better the application of the use of social media the better the spiritual disciplines in high school students throughout Indonesia.

III. CONCLUSION

A.*Conclusion*

Based on the research results, it can be drawn several conclusions, among others:

1. Social media makes it easy for people to interact, with the main purpose of facilitating a user or users of social media to connect with someone in one country or even between countries and continents, with practical and does not waste time or make it easy for the user.

2. The user can easily participate, sharing mutual giving and receiving information, keep in touch friends, post writing, upload videos and photos and comment on it.

3. The teens in use should continue to be supervised and directed so as not to get stuck in the wrong usage.

4. All students are expected to apply spiritual discipline in the young life. (No time to pray, read the Word of God)

B.*Recommendation:*

Based on the conclusions and findings of the research, then put forward the following recommendations:

1. For Teachers

To every teacher of Catholic Religious Education in order to keep providing direction and guiding individual learners in using social media, especially useful for teaching religious education.

2. For Schools

Making social media as technology-based learning media so as to assist in the learning process. There needs to be trained or socializatedto learners

3. For Students

So that the use of social media in a positive way, for example, to share information to increase knowledge, making social media as a means of learning

4. For Parents

The role of parents is also very important in terms of supervising, guiding and directing the children to remain wise in the use of social media, especially at home.

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